

Waltz Summary

Based on RAL standards Waltz - Phase I & II - July 2018

Figure	Man's Steps	Lady's Steps
BALANCE (Side) 1,2,3; Facing	With free foot Side, Cross Behind, Step in Place;	
BOX 1,2,3; 1,2,3; (Lead Ft) Usually CP or B'Fly	Fwd L, Sd R, close L; Back R, Sd L, close R;	Back R, Sd L, close R; Fwd L, Sd R, close L;
PROGRESSIVE BOX 1,2,3; 1,2,3; (Lead ft) Usually CP LOD	Fwd L, Sd R, close L; Fwd R, Sd L, close R;	Back R, Sd L, close R; Back L, Sd R, close L;
FORWARD WALTZ 1,2,3; Usually CP LOD	Fwd, Fwd & Sd, Close;	Back, Back & Sd, Close;
	<i>May start with either foot free</i>	
LACE ACROSS 1,2,3;	Passing behind woman with lead hands joined moving diagonally across Line of Progression Fwd L, Fwd R, close L;	Passing in front of man under joined lead hands and moving diagonally across Line of Progression Fwd R, Fwd L, close R;
	<i>The above is cued "Lace Across" when the change of sides is accomplished by the woman travelling under the joined lead hands. When the woman travels under the joined trail hands, the cue is "Lace Back".</i>	
LACE UP 1,2,3; 1,2,3; 1,2,3; 1,2,3; (Lead ft)	Lace Across; Forward Waltz; Lace Back; Forward Waltz;	
LEFT TURNING BOX 1,2,3; 1,2,3; 1,2,3; 1,2,3; (Lead ft) CP	Fwd L & 1/4 LF turn, Sd R, Clo L ; Bk R & 1/4 LF turn, Sd L, Clo R; Fwd L & 1/4 LF turn, Sd R, Clo L ; Bk R & 1/4 LF turn, Sd L, Clo R;	Bk R & 1/4 LF turn, Sd L, Clo R; Fwd L & 1/4 LF turn, Sd R, Clo L; Bk R & 1/4 LF turn, Sd L, Clo R; Fwd L & 1/4 LF turn, Sd R, Clo L;
2 LEFT TURNS 1,2,3; 1,2,3; (Lead ft) Usually CP LOD	Fwd L commence 3/8 LF turn, continue turn Sd R diag across Line of Progression, close L; Bk R commence 3/8 LF turn, continue turn Sd L toward Line of Progression, close R;	Bk R commence 3/8 LF turn, continue turn Sd L toward Line of Progression, close R; Fwd L commence 3/8 LF turn, continue turn Sd R diag across Line of Progression, close L;
	<i>Usually starts facing LOD or DLC and ends facing Wall or DLW ¾ turn</i>	
VINE 3 1,2,3; Usually B'Fly	Side right or left, cross in back, side in same direction;	
THRU' SIDE CLOSE 1,2,3; Usually B'Fly	Forward between partners with a reaching step, side in the direction of the free foot, close free foot to supporting foot;	
PICKUP 1,2,3; (Trail feet)	Thru R, Fwd & side L with L face upper body turn leading woman to CP, close R;	Thru L commencing LF turn, Fwd & side R in front of man turning LF to CP, close L;
	<i>Generally begins in SCP and ends in CP with woman turning left face</i>	

Figure	Man's Steps	Lady's Steps
REVERSE BOX 1,2,3; 1,2,3; (Lead ft) Usually CP or B'Fly	Back L, Sd R, close L; Fwd R, Sd L, close R;	Fwd R, Sd L, close R; Back L, Sd R, close L;
RIGHT TURNING BOX 1,2,3; 1,2,3; 1,2,3; 1,2,3; (Lead ft) CP	Back L & 1/4 RF turn, Sd R, Clo L; Fwd R & 1/4 RF turn, Sd L, Clo R; back L & 1/4 RF turn, Sd R, Clo L; Fwd R & 1/4 RF turn, Sd L, Clo R;	Fwd R & 1/4 RF turn, Sd L, Clo R; back L & 1/4 RF turn, Sd R, Clo L; Fwd R & 1/4 RF turn, Sd L, Clo R; back L & 1/4 RF turn, Sd R, Clo L;
	<i>Figure is danced in Closed Position throughout.</i>	
2 RIGHT TURNS 1,2,3; 1,2,3; (Lead ft) Usually CP RLOD	Back L with 3/8 RF turn, side R, close L; Fwd R with 3/8 RF turn, side L diag across Line of Progression, close R;	Fwd R with 3/8 RF turn, side L diag across Line of Progression, close R; back with 3/8 RF turn, continue turn side R, close L;
	<i>Closed Position throughout. Total amount of turn over 2 measures is 3/4 turn</i>	
MANOEUVRE 1,2,3; (Trail feet)	Fwd R commence RF upper body turn, continue RF turn to face partner side L, close R;	Back L commence RF upper body turn, continue RF turn to face partner side R, close L;
	<i>May start in Banjo or Semi-Closed Position. When starting in Semi-Closed the first step for the woman is forward.</i>	
BACK WALTZ 1,2,3; Usually CP RLOD	Back, Back & Sd, Close;	Fwd, Fwd & Sd, Close;
	<i>May start with either foot free</i>	
WALTZ AWAY & TOG 1,2,3; 1,2,3; (Lead ft) Usually B'Fly	Fwd L turning away from partner, Sd & Fwd, close; Sd & Fwd turning to face partner, Sd, close;	Fwd R turning away from partner, Sd & Fwd close; Sd & Fwd turning to face partner, Sd, close;
	<i>With inside hands joined Fwd turning away from partner, Sd & Fwd [to a slight Back to Back], close; Sd & Fwd turning to face partner, Sd, close;</i>	
CANTER	Side, draw, close;	Side, draw, close;
	<i>May start with either foot. May be done in any position.</i>	
THRU' TWINKLE 1,2,3; Usually OP or LOP	MAN OR WOMAN: Through commence turn to face partner, side completing turn to a Facing V Position, close;	
	<i>The figure may begin with either foot. Both partners step through on the first step. The figure generally ends facing the opposite direction.</i>	
PROGRESSIVE TWINKLE 1,2,3;	A three-step figure that always starts with a crossing step, the second step is to the side, the third step is a close;	
	<i>Man crosses in front and Lady crosses in back as they change to Sidecar, Banjo or other positions. There is progression in direction indicated.</i>	
TWIRL VINE 1,2,3; (Lead ft)	With partners facing man's L and woman's R hands joined side L, cross R in back, side L;	Side & Fwd R turning 1/2 RF under joined hands, side & back L turning 1/2 RF, side R;
	<i>A progressive RF turn by the woman under joined lead hands</i>	
REVERSE TWIRL 1,2,3; (Trail ft)	With partners facing man's L and woman's R hands joined Sd & Fwd R to Reverse Line of Progression, Fwd L, close R;	Sd & Fwd L turning 1/2 LF under joined hands, side and back R turning 1/2 LF, side L;

Figure	Man's Steps	Lady's Steps
WRAP (Action)	From an open position, retain the inside handhold at waist level as woman makes a left face turn to face the same direction as the man, resulting in wrapping the woman's left arm in front of her waist and man's right arm behind her waist. Join the free outside hands in front at chest height.	
CROSS WRAP 1,2,3; (Trail ft)	Maintaining and lowering trail hand hold Fwd R commencing RF turn, Fwd L to Wrapped Position completing RF turn, close R;	Maintaining and lowering trail hand hold and bringing R hand in front of chest Fwd L commencing LF turn, Fwd R to Wrapped Position completing LF turn, close L;
	<i>Figure generally begins in Open Position and ends in Wrapped Position facing opposite direction of original Line of Progression.</i>	
ROLL 1,2,3; Usually Facing	A right-faced or left-faced individual turn with each step progressing in designated direction to end in designated position.	
TWISTY BALANCE 1,2,3; Usually Facing	Side, Cross behind, Recover;	Side, Cross in Front, Recover;
	<i>May start with either foot free – first step is Side with the free foot.</i>	
TWISTY VINE 1,2,3; Usually Facing	Side, Cross behind, Side;	Side, Cross in Front, Side ;
	<i>May start with either foot free – first step is Side with the free foot.</i>	
SOLO TURN 1,2,3; 1,2,3; Facing	Fwd L start LF turn away from partner, continue turn side R , close L to complete 3/4 turn; BK R start LF turn, continue turn side L, close R to designated position;	Fwd R start RF turn away from partner, continue turn side L, close R to complete 3/4 turn; BK L start RF turn, continue turn side R, close L to designated position;
	<i>First measure ends facing RLOD ie ¾ turn. Second measure ¼ turn.</i>	
SPIN MANOEUVRE 1,2,3; Trail Feet free	Fwd R start RF upper body turn, continuing RF turn to face partner side L, close R;	Commence LF spin in place L, R, L to end facing Line of Progression and partner;
	<i>A combination of 2 basic figures [Spin for woman and Manoeuvre for man]. Ends in Closed Position RLOD.</i>	

Figure	Man's Steps	Lady's Steps
BACK PROGRESSIVE TWINKLE 1,2,3;	A three-step figure that always starts with a crossing step, the second step is to the side, the third step is a close;	
	<i>Man crosses in Back and Lady crosses in Front as they change to Sidecar, Banjo or other positions. There is progression in direction indicated.</i>	
SOLO LEFT TURNING BOX 1,2,3; 1,2,3; 1,2,3; 1,2,3; (Lead ft) Facing – no hands joined	Fwd L & 1/4 LF turn, Sd R, Clo L ; Bk R & 1/4 LF turn, Sd L, Clo R; Fwd L & 1/4 LF turn, Sd R, Clo L ; Bk R & 1/4 LF turn, Sd L, Clo R;	Bk R & 1/4 LF turn, Sd L, Clo R; Fwd L & 1/4 LF turn, Sd R, Clo L ; Bk R & 1/4 LF turn, Sd L, Clo R; Fwd L & 1/4 LF turn, Sd R, Clo L ;
OPEN BOX 1,2,3; 1,2,3; OP or LOP	In Open or Left-Open Position beginning with free foot both step forward, side, close; back, side, close;	
OPEN REVERSE BOX 1,2,3; 1,2,3; OP or LOP	In Open or Left-Open Position beginning with free foot both step Back, side, close; Forward, side, close;	

Abbreviations:

B'Fly Butterfly position

BK Back

RLOD Reverse Line of Dance

Clo Close

COH Centre of Hall

CP Closed Position

DLC Diagonal LOD & COH

DLW Diagonal LOD & Wall

Fwd Forward

Sd Side

L Left

LF Left Faced

LOD Line of Dance

R Right

RF Right Faced