

Waltz Part 3

Figure 10 Reverse Box: This 2 measure figure is the equal and opposite of a Box.

Facing your partner in **Closed position** with the Man facing the **Wall**, with **Lead feet** free

Man: **Back Left**, Side Right, Close Left ; **Fwd Right**, Side Left, ,Close Right ;

Lady: **Fwd Right**, Side Left, Close Right ; **Back Left**, Side Right, Close Left ;

Practice 10.1: **Closed position** with the Man facing the **Wall**, with **Lead feet** free

Box ;; Reverse Box ;; Balance Left and Right ;; Reverse Box ;; repeat

Practice 10.2: In **Closed position** with the Man facing the **Wall**, with **Lead feet** free

Box ;; Reverse Box Blend to Butterfly ;;

Vine 3 ; PickUp, Side, Close ; 2 Left Turns face wall ;;

Fig 11 Right Turning Box: This is a 4 measure figure in which every Half Box includes a quarter turn to the Right. Although this is a defined figure, it is seldom used, but forms a convenient link to Quarter Right Turns and Right Turns.

We will start by dancing this as solo dancers. Face the wall with Left feet free.

Back Left & turn ¼ Right-Faced, Side Right, Close Left ; {Face RLOD}

Forward Right & turn ¼ Right-Faced, Side Left, Close Right ; {Face COH}

Back Left & turn ¼ Right-Faced, Side Right, Close Left ; {Face LOD}

Forward Right & turn ¼ Right-Faced, Side Left, Close Right ; {Face Wall}

We can also practice starting with the Right foot free, facing the wall.

Forward Right & turn ¼ Right-Faced, Side Left, Close Right ; {Face RLOD}

Back Left & turn ¼ Right-Faced, Side Right, Close Left ; {Face COH}

Forward Right & turn ¼ Right-Faced, Side Left, Close Right ; {Face LOD}

Back Left & turn ¼ Right-Faced, Side Right, Close Left ; {Face Wall}

Now if we begin in Closed position, facing the Wall with Lead feet free the dancers will rotate as a couple. It is important that dancers maintain a good Closed position throughout, keeping their heads slightly to the Left.

Man: Back Left & turn ¼ Right-Faced to face RLOD, Side Right, Close Left ;

Forward Right & turn ¼ Right-Faced to face COH, Side Left, Close Right ;

Back Left & turn ¼ Right-Faced to face LOD, Side Right, Close Left ;

Forward Right & turn ¼ Right-Faced to face Wall, Side Left, Close Right ;

Lady: Forward Right & turn ¼ Right-Faced, Side Left, Close Right ;

Back Left & turn ¼ Right-Faced, Side Right, Close Left ;

Forward Right & turn ¼ Right-Faced, Side Left, Close Right ;

Back Left & turn ¼ Right-Faced, Side Right, Close Left ;

Practice 11.1: In **Closed position** with the Man facing the **Wall**, with **Lead feet** free

Box ;; Reverse Box ;;

Right Turning Box ;; ;

We can use fractions of the Right Turning Box to turn a quarter, half or three quarters to the Right. We might cue “Right Turning Box Half way” or “2 Quarter Right Turns”, followed by other figures while facing the opposite direction.

Practice 11.2: In **Closed position** with the Man facing the **Wall**, with **Lead feet** free

Box ;; Reverse Box ;;

Right Turning Box Halfway to face COH ;; Balance Left & Right;;

Box ;; Reverse Box ;;

Right Turning Box Halfway to face Wall ;; Balance Left & Right;;

Fig 12 Right Turns: We can convert Quarter Right Turns into Right Turns, increasing the turn from $\frac{1}{4}$ to $\frac{3}{8}$ per measure, by continuing the turn on the second step. Typically 2 Right turns will begin facing RLOD and finish facing the wall – a total of $\frac{3}{4}$ right-faced turn over 2 measures.

In **Closed position**, facing **RLOD** with **Lead feet** free. **2 Right Turns**

Man: Back Left & turn $\frac{1}{4}$ Right-Faced, Side Right cont turn, Close Left ; {Face DRC}

Forward Right & turn $\frac{1}{4}$ Right-Faced, Side Left cont turn, Close Right ; {Face Wall}

Lady: Forward Right & turn $\frac{1}{4}$ Right-Faced, Side Left cont turn, Close Right ;

Back Left & turn $\frac{1}{4}$ Right-Faced, Side Right cont turn, Close Left ;

Practice 12.1: In **Closed position** with the Man facing **RLOD**, with **Lead feet** free

Box ;; Reverse Box ;;

2 Right Turns Face Wall ;; Box ;;

In order to make a repeatable practice module, we need a figure which will return you from Closed position facing the wall, to Closed position facing RLOD (also known as Manoeuvred position).

Fig 13 Manoeuvre, Side, Close: This is a directionally cued figure which starts with the Trail feet. It changes the facing direction from facing the wall to facing RLOD in Closed position. It is the equal and opposite of PickUp.

In Semi Closed position, facing LOD with Trail feet free.

Man: Thru' Right towards LOD, turning in front of Lady to face RLOD Side Left, Close Right to Left ;

Lady: Thru' Left towards LOD, Side Right to Face partner, Close Left to Right ;

Note: It is important that the Man's first step is Forward: if he turns across line of progression too soon he will block the Lady.

Practice 13.1: In Butterfly position with the Man facing the Wall, with Lead feet free

Box ;; Reverse Box ;;

Vine 3 ; Manoeuvre, Side, Close ; 2 Right Turns face wall ;;

Fig 14 Back Waltz: This one measure figure is the equal and opposite of Forward Waltz, and usually begins in Closed position with the Man facing Reverse Line of Dance. It may start with either foot, but is frequently used as "2 Back Waltzes", starting with Lead feet.

In Closed position facing Reverse Line of Dance with Lead feet free. **2 Back Waltzes**

Man: Back Left, Side & Back Right, Close Left ;

Back Right, Side & Back Left, Close Right ; Lady:

Lady: Forward Right, Side & Fwd Left, Close Right ;

Forward Left, Side & Fwd Right, Close Left ;

Practice 14.1: In Butterfly position with the Man facing the Wall, with Lead feet free

Box ;; Vine 3 ; Manoeuvre, Side Close ;

2 Back Waltzes ;; 2 Right Turns face wall ;;